

Wayne Freeman CHONG

Curriculum Vitae



Email: wayne@geropsych.sg

CURRENT APPOINTMENTS

Executive Director, [GeroPsych Consultants Pte Ltd](#), Singapore.

Adjunct Faculty, [School of Social Sciences](#), Nanyang Technological University (NTU), Singapore.

Editorial Board Member, [Scientific Reports](#), [Heart and Mind](#), and [Insights in Public Health Journal](#).

EDUCATION

- 2020 Ph.D., Psychology, NTU Singapore.
- 2018 Advanced Certificate in Training and Assessment (ACTA), Adult Learning, Institute for Adult Learning, Singapore.
- 2010 Postgraduate Diploma of Clinical Psychology (PD.Clin.Psyc.), Psychology, James Cook University Australia (JCUA), Singapore.
- 2007 B.Soc.Sc. (Honours 2nd Upper Division), Psychology; National University of Singapore (NUS), Singapore.

BOARD EXPERIENCE

- 2024 – Member, Management Committee, Finance and Fundraising Subcommittee, [HOPE Worldwide \(Singapore\)](#).
- 2024 – Honorary Secretary, [Centre for Seniors](#).
- 2023 – Editorial Board Member, [Scientific Reports](#) (Impact Factor: 3.8).
- 2023 – Editorial Board Member, [Heart and Mind](#) (Impact Factor: 1.0).
- 2023 – Section Editor, Editorial Board, [Insights in Public Health Journal](#).
- 2020 – [Gerontological Society of Singapore](#).
- 2023 – Honorary Treasurer.
- 2021 – Council Member, Research and Advocacy Subcommittee.
- Spearheaded policy initiative:
 - Drafted policy briefs for Ministries of Manpower and Education; Planned dialogues with government ministries.
 - Conducted roundtable discussion and supervised student practicum report on [Gaps and Challenges in Gerontology Education and Employment in Singapore](#).
- 2019 – Arc@Tampines Condominium (Management Corporation Strata Title Plan Number 4216), Singapore. Turnover: 1.72mil – 1.85mil SGD annually.
- 2024 Treasurer, 9th Management Council.
- 2023 Treasurer, 8th Management Council.
- 2022 Member, 7th Management Council.
- 2021 Chairperson, 6th Management Council.
- 2020 Treasurer, 5th Management Council.
- 2019 Member, 4th Management Council.

PROFESSIONAL EXPERIENCE

- 2021 – Adjunct Faculty, [Division of Psychology](#), School of Social Sciences, NTU Singapore.

Chong, CV

- 2023 – 2024 Curriculum Designer, [Ageing Research Institute for Society and Education](#), NTU Singapore.
- 2017 – GeroPsych Consultants Pte Ltd, Singapore.
- 2024 Executive Director, Consultant Geropsychologist and Principal Investigator.
- 2021 Non-Executive Director.
- 2020 Executive Director and Consultant Geropsychologist.
- 2019 Consultant Geropsychologist.
- 2017 Geropsychologist.
- 2021 – 2024 Research Fellow, [Lee Kong Chian School of Medicine](#).
- 2023 Programme Manager, Non-pharmacological Interventions and Trials, [Dementia Research Centre \(Singapore\)](#).
- 2021 Programme Manager, Behavioural Health Interventions and Trials, [Family Medicine and Primary Care](#).
- 2016 – 2020 Teaching Assistant, Psychology Division, School of Social Sciences, NTU Singapore.
- 2011 – 2015 [Agency for Integrated Care Pte Ltd](#) (AIC), Singapore.
- 2014 Head, Research and Evaluation Unit, and Senior Research Analyst, Knowledge Management Division.
- 2013 Senior Research Analyst, Knowledge Management Division.
- 2011 Research Analyst, Health Information and Innovation Division.
- 2009 – 2010 Adjunct Lecturer, Kaplan Asia Pacific Management Institute, Singapore.
- 2008 – 2009 Associate Lecturer, JCUA, Singapore.
- 2007 – 2008 [Shan You Counselling Centre](#), Singapore.
- 2008 Acting Assistant Manager and Lead Psychologist, Clinical Services Department.
- 2007 Psychologist, Clinical Services Department.

ACADEMIC PROFILE

Training Areas

- Geropsychological tools for older adults and informal caregivers
- Dementia prevention

Research Interest

- Gerontechnology for geriatric vascular depression and dementia
- Personalized medicine for cardiovascular and mental disorders
- Multidomain lifestyle interventions for prevention of vascular cognitive impairment
- Informal caregiving and long-term care services utilization

Awards

- 2023 [Dean's Award for Administration](#), Enabler Award, Lee Kong Chian School of Medicine.
- 2022 Carol Schutz Travel Award, [Gerontological Society of America](#).

Selected Publications (* denotes corresponding author)

- 2024 **Chong, W. F. W.** Approaches to personalise multidomain lifestyle interventions for dementia prevention. *Heart and Mind*, 9(1), 80-83. <http://dx.doi.org/10.4103/hm.HM-D-24-00064>
- 2023 **Chong, W. F.***, Chua, J., Leong, L. Z., Smith, H. E., & Yu, T. Proactive career management for female health professionals: A scoping review protocol. *BMJ Open*, 13(2), e062716. <http://dx.doi.org/10.1136/bmjopen-2022-062716>